

**Raising the profile of cognitive impairment
in the diagnosis and management of relapsing MS:
Multidisciplinary perspectives**

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Clinical case

How would the MDT evaluate and manage this patient?

- 40-year-old woman
- 6 years since onset of MS symptoms
- 3 years since RRMS diagnosis
- EDSS score, 2.5
- Received interferon since diagnosis
- No MRI/clinical breakthrough
- She has noted it is difficult keeping up with conversations
- She is tired of injecting



The MDT recommend:

- Switch to an oral DMT, such as an S1PR modulator
- Manage treatment expectations with DMTs; good adherence will slow the progression of MS
- Address current cognitive symptoms and talk about AE management
- AEs associated with oral DMTs may be easier to manage than injectable therapies, helping with adherence