

Driving improvements in diagnosis

Practice aid for Alzheimer's disease

For more information, visit www.touchneurology.com

Assess

Differentiate

Diagnose

monitor

Assessments











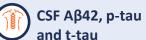
Blood test

















Symptomatic treatments



Lifestyle changes



Social work support



Clinical trial registries



Non-dementiatrained HCP

(e.g. FP, NP) Refers patients with cognitive concerns to the dementia care team



Dementia-trained HCP

(e.g. specialized PCP, NP, neuropsychologist)

Partners with a dementia specialist to conduct assessments and order tests,



Dementia specialist

(e.g. neurologist)

Focuses on diagnosis and treatment options,



Dementia care team

Dementia-trained HCPs and specialists working as an integrated team



The importance of collaborative patient-centred care

Person-centred care is a philosophy of care built around the needs of the individual and contingent upon knowing the unique individual through an interpersonal relationship4

Fundamentals of patient-centred care⁵

Detection and diagnosis

Assessment and care planning

Transitions and coordination of services

Medical management

Information, education and support

Therapeutic environment

Recommendations for patient-centred care⁴

- 1. Get to know the person
 - 2. Recognize and accept the person's reality
 - 3. Identify and support opportunities for meaningful engagement
 - 4. Build and nurture authentic caring relationships
 - 5. Evaluate and update care practices regularly
- 6. Create a supportive community for all

Potential impact of a care coordination team²



Eases stress of diagnostic process



Empowers patients to seek care



Increases capacity of **HCPs**



Increases quality of patient-to-HCP conversations

Improves adherence to recommendations





Abbreviations and references

Abbreviations

Aβ, amyloid beta; AD, Alzheimer's disease; CSF, cerebrospinal fluid; CT, computed tomography; FDG, fluorodeoxyglucose; FP, family practitioner; HCP, healthcare provider; MRI, magnetic resonance imaging; NP, nurse practitioner; PCP, primary care physician; PET, positron emission tomography; p-tau, phosphorylated tau; t-tau, total tau.

References

- 1. Porsteinsson AP, et al. J Prev Alzheimers Dis. 2021;8:371–86.
- 2. Galvin JE, et al. Front Neurol. 2021;11:592302.
- 3. Ayers, MR et al. Pract Neurol. June 2019.
- 4. Fazio S, et al. *Gerontologist*. 2018;58:S10–9.
- 5. Fazio S, et al. *Gerontologist*. 2018;58:S1–9.

The guidance provided by this practice aid is not intended to directly influence patient care. Clinicians should always evaluate their patients' conditions and potential contraindications and review any relevant manufacturer product information or recommendations of other authorities prior to consideration of procedures, medications, or other courses of diagnosis or therapy included here.

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