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GM-54568. March 2025.

THE POTENTIAL OF FLUID BIOMARKERS IN ALZHEIMER'S DISEASE DIAGNOSIS



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Personal Disclosures



Prof. Charlotte E. Teunissen has a collaboration contract with ADx Neurosciences, Quanterix and Eli Lilly and Company and performed contract research or received grants from AC Immune SA, Axon Neuroscience, BioConnect, BIORCHESTRA, Brainstorm Cell Therapeutics, Celgene, EIP Pharma, Eisai, Fujirebio, Grifols, Instant NanoBiosensors, Merck, Novo Nordisk, PeopleBio, Roche, Siemens, Toyama, Vivoryon Therapeutics.

Research of Prof. Charlotte E. Teunissen is supported by the European Commission (Marie Curie International Training Network, grant agreement No. 860197 (MIRIADE), Innovative Medicines Initiatives 3TR (Horizon 2020, grant No. 831434) EPND (IMI 2 Joint Undertaking (JU), grant No. 101034344) and JPND (bPRIDE), National MS Society (Progressive MS alliance), Alzheimer's Association, Health~Holland, the Dutch Research Council (ZonMw), Alzheimer's Drug Discovery Foundation, The Selfridges Group Foundation, Alzheimer Netherlands. She is a recipient of ABOARD, which is a public-private partnership receiving funding from ZonMw (#73305095007) and Health~Holland, Topsector.



Diagnosing Alzheimer's Disease



Historically, the diagnosis of AD focused on clinical symptoms and involved:¹



Medical and family history, including psychiatric history and cognitive and behavioral changes²



Cognitive testing, e.g., problem-solving, memory and language²



Blood tests and brain imaging to rule out other potential causes of symptoms²



Informant interview providing input on changes in the patient's thinking and behavior²



Physical and neurological examinations²



The diagnostic workup of AD is complex and a multidisciplinary process²

Diagnosis by exclusion; no mention of pathophysiology with limited circumstances in which CSF or PET neuroimaging is used to assess the presence of amyloid²

Diagnosing AD: The Need for Biomarkers



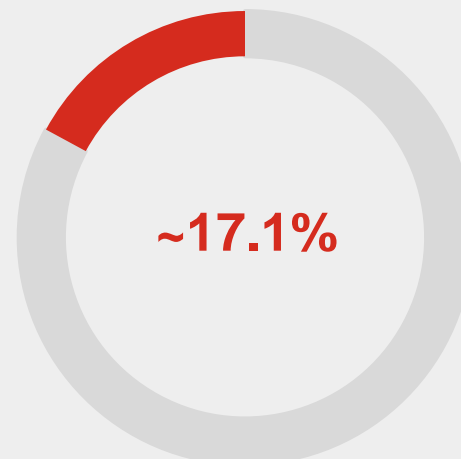
Clinical diagnosis has limited accuracy in predicting AD pathology when compared to neuropathology at autopsy, or to CSF or PET.^{1,2}

Patients with clinically defined probable AD¹



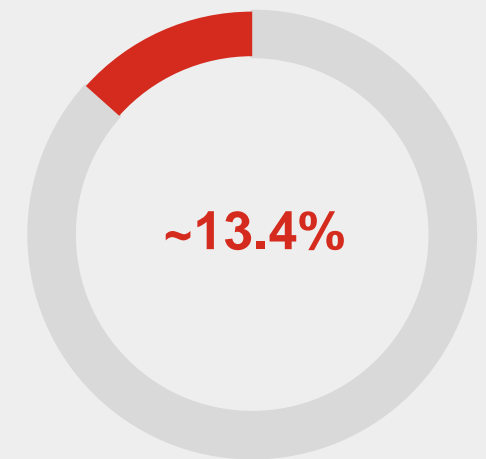
Non-AD at autopsy

Patients with clinically defined AD dementia by age 70²



CSF amyloid negative

Patients with clinically defined AD dementia by age 70²



Amyloid-PET negative

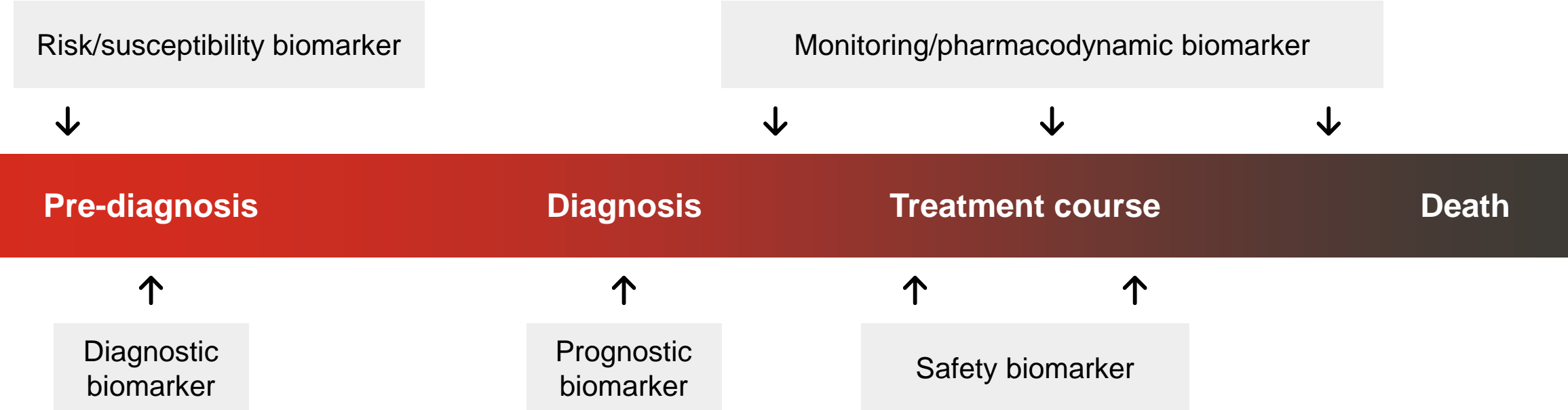
*In a study by the National Institute of Aging Alzheimer's Disease Centers on the accuracy of the clinical diagnosis of AD, 88 of 526 subjects that were diagnosed as clinical probable AD did not meet neuropathologic criteria.¹

AD=Alzheimer's Disease; CSF=Cerebrospinal Fluid; PET=Positron Emission Tomography.

1. Beach TG, et al. Accuracy of the Clinical Diagnosis of Alzheimer's Disease at National Institute on Aging Alzheimer Disease Centers, 2005-2010. *J Neuropathol Exp Neurol*. 2012;71(4):266-273. 2. Jansen WJ, et al. Prevalence Estimates of Amyloid Abnormality Across the Alzheimer Disease Clinical Spectrum. *JAMA Neurol*. 2022;79(3):228-243.



Need for Biomarkers Across the AD Clinical Continuum¹



Modified from: Cagney DN, et al. *Neuro Oncol.* 2018²

AD=Alzheimer's Disease.
1. Cummings J, Kinney J. Biomarkers for Alzheimer's Disease: Context of Use, Qualification, and Roadmap for Clinical Implementation. *Medicina (Kaunas)*. 2022;58(7):952. 2. Cagney DN, et al. The FDA NIH Biomarkers, EndpointS, and Other Tools (BEST) Resource in Neuro-Oncology. *Neuro Oncol.* 2018;20(9):1162-1172.



Potential Uses of Biomarkers in AD



Biomarker classification BEST approach ^{1,2}	BIOMARKER TYPE	CONTEXT OF USE	WHERE TO IMPLEMENT
	Risk/susceptibility	Indicates the potential for developing a disease in individual who currently does not have a clinically apparent disease	Primary care
	Diagnosis	Detects or confirms the presence of a disease or condition	Primary and MDS care
	Prognostic	Identifies the likelihood of a clinical event, disease recurrence or progression in patients with a disease	Primary and MDS care
	Monitoring	Assesses presence, status or extent of a disease; evaluates the effect of an intervention	MDS care
	Pharmacodynamic/ response	Evaluates the changes in response to an intervention	MDS care and clinical trials
	Predictive	Predicts an individual's probability of experiencing a favorable or unfavorable effect from exposure to an intervention	MDS care and clinical trials
	Safety	Measures before or after an exposure to an intervention indicating the likelihood of an adverse event	MDS care and clinical trials

Modified from: Cummings J, Kinney J. *Medicina (Kaunas)*. 2022¹; Angioni D, et al. *J Prev Alzheimers Dis*. 2022²

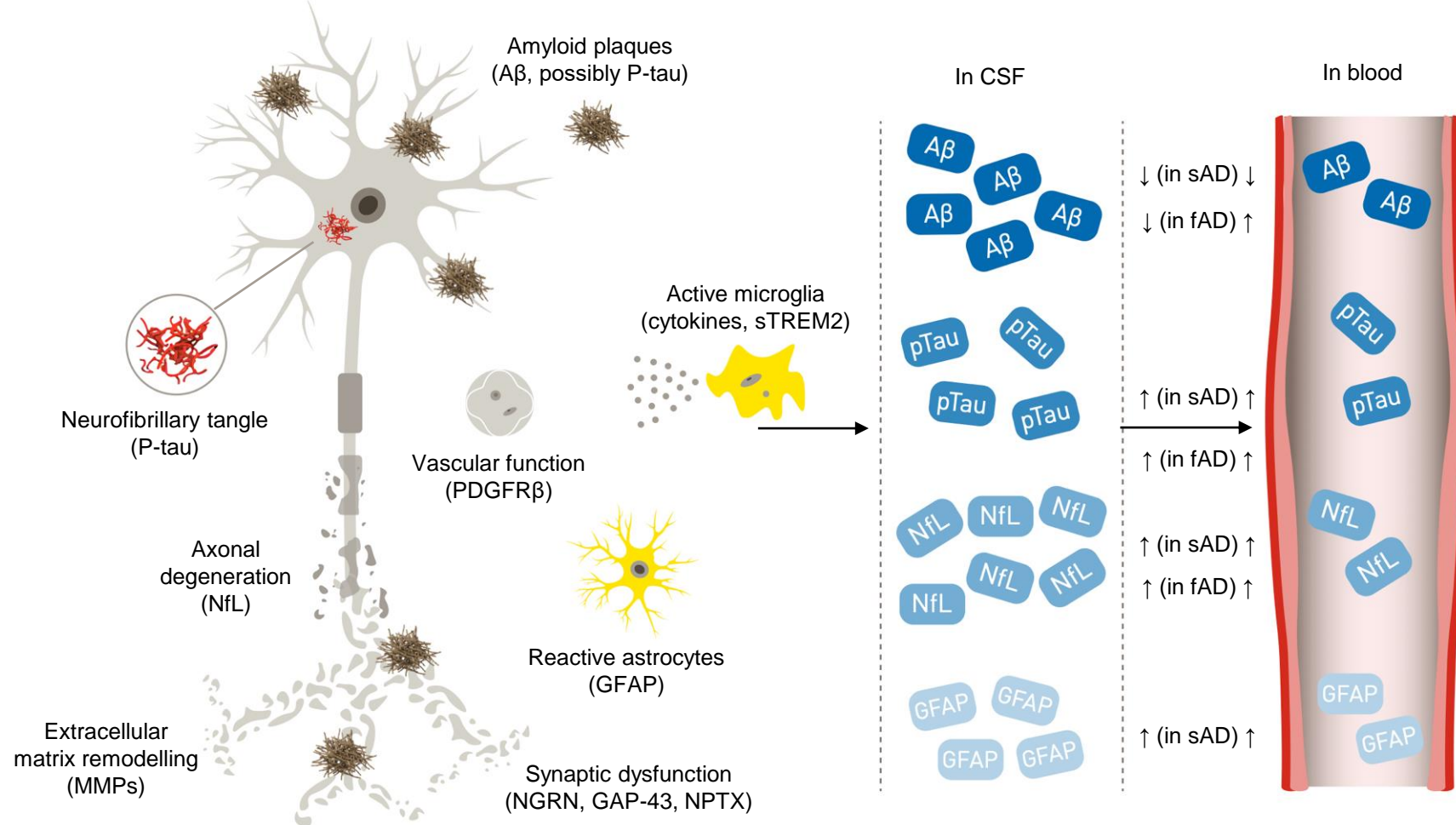
AD=Alzheimer's Disease; BEST=Biomarkers, EndpointS, and other Tools; MDS=Memory Disorder Specialist.

1. Cummings J, Kinney J. Biomarkers for Alzheimer's Disease: Context of Use, Qualification, and Roadmap for Clinical Implementation. *Medicina (Kaunas)*. 2022;58(7):952. 2. Angioni D, et al. Blood Biomarkers from Research Use to Clinical Practice: What Must Be Done? A Report from the EU/US CTAD Task Force. *J Prev Alzheimers Dis*. 2022;9(4):569-579.



Which Fluid Biomarkers Can We Measure?¹

Pathological mechanisms involved in AD and their associated biofluid-based biomarkers¹



Modified from: Teunissen CE, et al. *Lancet Neurol.* 2022¹

Aβ=Amyloid-Beta; AD=Alzheimer's Disease; CSF=Cerebrospinal Fluid; fAD=Familial Alzheimer's Disease; GAP-43=Growth-Associated Protein 43; GFAP=Glial Fibrillary Acidic Protein; MMP=Matrix Metalloproteinase; NfL=Neurofilament Light Chain; NGRN=Neugrin, Neurite Outgrowth Associated; NPTX=Neuronal Pentraxin; PDGFRβ=Platelet-Derived Growth Factor Receptor Beta; P-tau=Phosphorylated tau; sAD=Sporadic Alzheimer's Disease; sTREM2=Soluble Triggering Receptor Expressed on Myeloid Cells 2.

1. Teunissen CE, et al. Blood-Based Biomarkers for Alzheimer's Disease: Towards Clinical Implementation. *Lancet Neurol.* 2022;21(1):66-77.